Sample Numerology Reading

Hi Catherine: This reading was composed for you personally, Catherine, and is based on your full name at birth, your date of birth, and the name you now use to introduce yourself. Please check your birth data on the title page to make sure the names and date of birth used are correct.

If you have two or more middle names or last names, you may find the names strung together. This is necessary to make Transit and Essence cycles function correctly. Catherine, this is a long reading and I wanted to send this to you first while I prepare the most important part of your reading this evening. Your Personal Numerology Reading describes all aspects of your chart as they are understood in numerology, accurately and indepth.

Each chapter starts with a short introduction telling you where this particular number is found and how it affects you. This is followed by the number itself. Often, you will find a double digit number followed by a single digit.

The meaning of your number is then explained in easy to read language. Catherine, you don't need to know anything about numerology to be able to enjoy and benefit from this reading.

I hope you will enjoy your reading. Thanks Daphna

LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Catherine, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality

Chart!

Your Life Path is 27/9

Catherine, you are the philanthropist, humanitarian, socially conscious, and are deeply concerned about the state of the world. You have great compassion and idealism. You are a utopian, and will spend your life trying to realize some aspect of your utopian dream, sacrificing money, time, and energy for a better world. It is in giving that you will find much satisfaction.

You have a broad outlook on life. You tend to see the big picture, rather than the minute details. You naturally attract people from all walks of life who can fit into your larger plans and take over the areas you find uninteresting. The person with a 9 Life Path is rarely prejudiced or accepts social biases of people. Instead, they evaluate people on the basis of what they can do for the larger cause. They are the true egalitarian.

Catherine, you are imaginative and creative, especially at harmoniously arranging the beauty already potential in the environment. These abilities can lead you into such fields as interior decorating, landscape art, and photography. But because of your strong social consciousness, you can be an effective politician, lawyer, judge, minister, teacher, healer, and environmentalist. Vocations that require self- sacrifice and have a clear social impact are common among 9s.

You are often disappointed by the realities of life: the shortcomings of others, or of yourself. Somehow, you don't want to accept the imperfections of the world, a feeling that drives you constantly to try to improve upon it. But rather than be satisfied with your efforts, and those of others, you relentlessly push on, striving for greater accomplishments. You are often unsatisfied with the results. In short, you lack the perspective that would otherwise make it possible for you to enjoy life more fully, and accept its natural limitations.

You have a controlled enthusiasm and the ability to finish what you start. A key to your personality is the necessity of sacrifice. You have to learn to let go of material possessions and relationships, the inherent lesson being that holding on too tightly to anything causes pain.

Money comes to you through mysterious or unexpected ways: inheritance; the benevolence of someone who was inspired by your work; or a lucky investment.

Conversely, if you pursue money for its own sake, after giving up on your larger dreams, you're likely to find yourself empty handed.

The most successful and satisfying road for a nine is giving; sharing and sacrificing for a larger goal, without expecting anything in return. Catherine, your greatest chance at success is to tie your personal fortunes to an endeavor that makes the world a better place for others. Very often, this turns into a highly successful and lucrative enterprise, providing amply for you and your family. Your life rests on the axiom that the more you give, the bigger your reward.

You are romantic, but your love is more impersonal. You tend to be focused on your dreams.

When you are not in harmony with your true nature, you can fall to moodiness, or become aloof, and withdrawn. You can become timid, uncertain, and ungrateful, putting the blame for your troubles on others or the world. You have a gift for examining your life objectively, and at some distance. Be honest with yourself. By openly facing your shortcomings, as well as your strengths, you develop equilibrium. You are thus able to love and better understand yourself and all of life.

BIRTHDAY

The day you were born bears great significance in understanding who you are and where your talents lie. The day of birth indicates some special talent you possess. It is a gift to you that will help you along your Life's Path. Your day of birth is one of your four core numbers -- the Life Path, Expression, and Heart's Desire being the other three. It is the least significant of the four core numbers, but perhaps the most finite, in that it reveals a specific ability you possess in a marked degree.

Your Birthday is 29

You are highly intuitive and creative. Catherine, your mind thinks in pictures. You seem to draw information and ideas from out of the sky.

Your intuition is your gift, along with a powerful drive to know the Oneness of all things. You are so driven by spiritual pursuits that no matter what you do in life, the world of spirit and philosophy will be central to your daily behavior. You feel linked with the larger universal forces, and nothing will change that.

You have a fine mind and keen insights, but these do not come as a result of logic or rational thought. You are more likely to direct your life by inspiration, rather than by calculated reflections.

On some level, you know that you are in the hands of destiny, and that you must surrender to the higher powers that shape your life. You are usually a late bloomer. Your early and middle 30s tend to be years spent in apprenticeship and slow development. During this period, you can become frustrated with your progress, or the apparent lack of it.

Catherine, you need to develop faith. You are a highly charged person with much to do, but you must develop character and sound judgment before you begin to tap your true potential. Just as a tree needs roots to grow tall, so, too, do you need to develop depth of character in order to begin to expand in the ways you desire and ultimately envision.

Your highly developed intuition makes you a wonderful counselor, healer, or

health practitioner. You have a gift for inspiring people. Many people admire you without your knowing it. You are a visionary, and others sense your wisdom.

You are acutely sensitive and easily influenced by your surroundings. You love beauty and harmony. You crave social interaction and much attention. You can be very emotional, often experiencing extremes of happiness and sadness. You are usually too easily hurt.

You get depressed easily and feel the lack of confidence during times you are in a dark mood.

Despite your sensitivity, you possess leadership abilities. You are modest, diplomatic and polite. You have the ability to persuade, and can be quite forceful.

Catherine, your high sensitivity to others makes you compassionate, kind, and gentle. You have an opportunity for fame and success as long as you do not pursue either as your gods. Look for ways to help others and convey a larger message, with which you were blessed. This will bring you the material and social fruits you desire.

EXPRESSION

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

Your Expression is 27/9

Catherine, you are the humanitarian. You are attracted to a cause or a movement whose purpose is to make a better world. You are extremely idealistic, sometimes to the point of being naive about people or methods. You

have great compassion and seek to create a more humane society. You are drawn to those who suffer physically or are at the hand of injustice. You are the righter of wrongs. Your deepest intention is to transform the world.

You are willing to sacrifice in order to advance your cause. Indeed, this seems to be a theme in your life. From time to time, you find yourself involved in a project whose very life depends upon your willingness to sacrifice something that relates directly to your ego.

You are highly idealistic. You are also a visionary, with the ability to influence and direct the masses. Deep inside, you long for the love and approval of the many, and seek fame.

Part of your hunger for fame has to do with your need for validation; you are your own harshest critic.

Catherine, you realize your greatest satisfaction when you are involved in some activity that directly benefits the public good. Politics, law, protection of the environment, teaching, and healing are areas in which you would succeed.

You have a broad view of humanity and are not shackled with prejudice. You should have friends and associates from all walks of life, all colors and religious backgrounds. People fascinate and enrich you. A wide diversity of people and experiences stimulate and bring forth qualities within you that would otherwise lay dormant.

You have an abundance of artistic talent. Many with your Expression number find themselves in the arts, especially in literature, painting, and the visual and performing arts.

The number 9 indicates the completion of a cycle or a block of learning. The 9 Expression suggests that you have reached the point where a breakthrough can occur; during this lifetime you can apply all that you have learned along your evolutionary path and complete a major stage in your development. This is why we find many geniuses with the 9 Expression.

You have the ability to synthesize many diverse bits of knowledge into a unified whole.

Catherine, your appearance is important. You are keenly aware of how others perceive you. As a result, others see you as a person with a great deal of control. Conversely, you are charismatic. Despite the cool and distant personality you project, people are attracted to you.

You tend to express your love somewhat impersonally. You tend to be preoccupied with your vision or cause, and sometimes overlook the needs of those closest to you. You need to be reminded to give your love more personally and more openly. Ironically, you are a very loving and sincere person, but often neglect to express what you truly feel.

In the same way, you can overlook your own needs. You can avoid sharing of your deeper feelings, creating a reservoir of emotion. You tend to postpone your

personal satisfaction in favor of some larger work. Try to be more spontaneous and courageous about showing your real self, including your vulnerability.

Your basic belief in the goodness of humanity is unshakable. This causes you to encourage the best in people, but occasionally makes you vulnerable to being taken advantage of. You are not a very good judge of character.

The surest way to personal satisfaction is for you to become part of some larger social cause. Your nature is to serve. You are happiest when you feel you are helping to advance the human race.

MINOR EXPRESSION

The Minor Expression number is based on the current (or short) name; the name you now use to introduce yourself including your last name.

The influence of the short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers (and their related characteristics) that are missing or out of balance in the full name.

For instance, a number missing in the full name may show up prominently in the short name; or a number (or numbers) that appears in excess in the full name can be compensated for in the short name. If a name change takes place later in life through marriage or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or talents that may be latent.

Your Minor Expression is 22/4

Your short name increases your ambition, orderliness, and capacity to complete large undertakings significantly. Catherine, your ability to manage people and direct them toward some difficult and ambitious goal is greatly enhanced. Your understanding of systems and organization is also strengthened.

At the same time, you feel the burden of such lofty ambitions. High demands can cause you much self-doubt. You may be aware of more inner tension, resulting from an inner drive to manifest your ideals in reality.

As a result of your Minor Expression number, your efforts are more likely to be directed toward endeavors that are truly great in scope and have a lasting impact.

HEART'S DESIRE

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions. Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which

includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

Your Heart's Desire is 20/2

Catherine, you want peace and harmony in all aspects of your life. You want to devote your life to someone or something. You fall in love easily. You are extremely sensitive and emotional. You can be sentimental and you cry at sad stories. You need friends and society.

You appreciate the refinements of life. You desire comfort and security. You have refined taste, and can be a connoisseur. You love music and possess a good deal of musical talent.

Your sensitivity is actually a symptom of your highly developed intuition. But you must learn to trust it.

Catherine, you are a gentle soul and shy away from confrontation as long as possible. You experience a battle within when you do not believe you can handle a situation; this may have a paralyzing effect on you.

You prefer to give in when you should assert yourself. You must learn to be more decisive. Very often, you are afraid to use your own power in the face of someone else's aggressiveness. You incorrectly perceive yourself to be in a weaker position; you may ultimately give in merely to avoid a fight.

Conversely, you are extremely diplomatic and tactful. You like to accomplish things through quiet persuasion. You dislike force.

You have to fight uncertainty and doubt. You need to develop confidence and a willingness to stand up for what you believe to be right.

Catherine, you function best in a supportive role, guiding the more public person in quiet, unobtrusive, yet essential ways.

MINOR HEART'S DESIRE

The Minor Heart's Desire number is derived from the vowels of your current name; the name you now use to introduce yourself. The current name is a refinement of the more complex qualities of your longer name (the full name at birth). It sharpens and bundles the energies that are reflected by your full name.

It intensifies certain aspects of your being, and de-emphasizes others. For this reason, the short name often provides insight into what you truly want in life. It also often reveals the extent of your understanding of what you want from this life. It reveals both your strong desires, and the limits you place upon your potential.

Your feelings about your current name are different from your full name. It affects how you feel about yourself; it changes your identity slightly.

Your Minor Heart's Desire is 13/4

Catherine, your Minor Heart's Desire adds orderliness and practicality to your personality. It makes you more serious, responsible, and practical.

Your short name encourages you to pay close attention to details, the nuts and bolts of business. You are less irritated by the routines of life. Your shortened name inspires you to become more grounded and to think about your basic security and that of your loved ones.

You are more likely to be a perfectionist, and less interested in a varied social life

You have strong ideas concerning right and wrong.

PERSONALITY

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

Your Personality is 25/7

Catherine, you seem mysterious and different. People see you as serious and

studious. You are highly independent and self- sufficient. Your exceptional intelligence and wisdom are quickly noticed, people respect you. You are not one to attract people on the basis of your warmth or compassion -- though you may be loaded with both -- but because of your obvious insight into life's mysteries.

You are hard to get to know. You are often withdrawn. It is common for people to see your focus turn inside of yourself in the middle of a conversation.

You have the makings of an intellectual and an aristocrat but you have to guard against arrogance and an attitude of, "I've got it all figured out".

There have been periods in your life when you had little concern for your clothing or fashion, while at other times you are very aware of your clothing and use it to make a specific impression.

You appear dignified no matter how you dress., but a well groomed seven with a touch of dash definitely has an advantage. Your confidence increases when you know you are well dressed.

Catherine, you are recognized as spiritual and religious, with your very own ideas regarding the purpose of life and the Creator.

You are an inspired speaker, but only when discussing subjects that really interest you. Otherwise, you are not one for chatter.

Your love of knowledge and wisdom shows.

MATURITY

Your Maturity number indicates an underlying wish or desire that gradually surfaces around age thirty to thirty-five. This underlying goal begins to emerge as you gain a better understanding of yourself. With self-knowledge comes a greater awareness of who you are, what your true goals in life are, and what direction you want to set for your life. This, in a nutshell, is the gift of maturity: You no longer waste time and energy on things that are not within your own special identity.

No matter what your age is at present, your life is being channeled in a specific direction, toward a very specific goal. That goal can be seen as a reward or the fulfillment of a promise that is implicit in your current efforts, often without your knowing it consciously. While the characteristics of this number are usually visible during childhood, we tend to lose sight of these aspects until later in life. But our lives are always being affected by this influence, nonetheless.

Your Maturity number begins to have a more profound impact on your life after the age of 35. The influence of the number increases steadily as you grow older.

Your Maturity is 18/9

Catherine, your concern for the well being of society will grow more powerful as you come to maturity. You will be drawn to doing much public service. The

long-term good of your community and even the world will occupy your thoughts increasingly.

As you mature, your appreciation for the arts and beauty in any form will also increase. It is quite possible that you will be actively involved in the arts, if that is not already the case, often as a benefactor.

Service to humanity is fundamental to your life. You will grow in understanding and wisdom as you mature. Involvement with international affairs or humanitarian service offers you much satisfaction.

If you already have several 9s in your chart, especially among the core numbers, you will have to guard against arrogance, aloofness, and alienation.

If you have few 9s in your chart, or none at all, you will gain a sense of your personal place among the human race. You will feel you belong and that you have provided something of lasting value for the future.

L/E BRIDGE

The Bridge numbers in your chart are the numbers that indicate how you can make the relationship between the individual core numbers in your chart easier and more compatible. Bridge numbers have the potential to "close the gap" between the Life Path and Expression number, or the Heart's Desire and Personality number.

In this chapter we will explain what you can do to make your talents, strengths, and specific abilities (Expression number) more easily available and fitting the needs of your main lesson(s), and expected direction of growth (Life Path).

Your Life Path / Expression Bridge number is 0

The single digit values of your Life Path number and your Expression number are the same.

This is considered fortunate, and an opportunity to make real progress in the areas of life expressed by the repeated number.

However, if your Life Path number and your Expression number are also identical to your Heart's Desire number or your Personality number (described earlier in this reading), your chart may be somewhat off balance. This may cause you to push the aspects of the repeated number to excess. Read your Life Path again, and ask yourself if you have not focused too much on the aspects described, at the cost of a more balanced approach.

H/P BRIDGE

Several Bridge numbers can be found in your chart. The Bridge number between the Life Path number and the Expression number was described earlier

in your reading. The following Bridge number relates to your Heart's Desire number and your Personality number. This Bridge number, the Heart's Desire - Personality bridge, explains how you can make your deeper self -- your needs and desires, your true nature -- more aligned with the part of your personality others tend to recognize when they meet you. With a little exaggeration, you could say that your Personality number is somewhat like your mask. It is the more superficial you; a protective shield and a camouflage of the deeper you. You can easily imagine how much more comfortable, and less self-conscious, the experience of life becomes when your deeper and more real you is closer and more fitting to the personality you reveal on a day to day basis.

Your Heart's Desire / Personality Bridge number is 5

Catherine, you need to be more flexible and adaptable. Be willing to go out on a limb; be adventurous and unconventional.

Be tolerant and flexible. Accept changes. Rigid ideas and dogmas may keep you from reaching out and following your dreams. Make freedom a high priority in your life.

KARMIC LESSONS

Catherin, Numerology is based on the understanding that we enter life with certain strengths and weaknesses. Karmic lessons are areas that we are currently weak in and must be faced and worked on in this life. There can be more than one Karmic Lesson. These are indicated by the absence of certain numbers in your name.

The letters and numbers of your name point to talents and abilities that you possess. These characteristics can be compared to a workshop in which certain tools are available to you. Missing numbers, those that are not represented in the letters in your name, imply tools that are unavailable, and must be learned and mastered during this lifetime.

You may well recognize your Karmic Lessons as weaknesses you have learned to overcome in the course of your life, however, the challenges implied in your Karmic Lessons will continue to come up occasionally for the rest of your life.

You have a Karmic Lesson 4

Catherine, you feel confusion about your life's direction. You will have to establish a methodical and disciplined approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change.

You have trouble finding the work you do best. You tend to be somewhat

impractical and disorganized. You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon. With this 4 karmic number Catherine, it is indicative of a distaste for hard work and methodical labor in a previous lifetime. You preferred ease and comfort without earning your share. This indicates laziness and a searching for the easy way out. You suffered personal hangups about the responsibility for your worth. In this lifetime as Catherine, success and accomplishment will not come easily, and you will have to work hard to earn your rewards. Whatever the endeavor you will likely experience several types of work before settling down into one which feels just right for you. Any attempts at shortcuts will end in disappointment or, worse, outright failure. You must build success block by block on a solid foundation.

HIDDEN PASSION

Your Hidden Passion reveals one or more special strengths and talents that you rely upon and are available to you. The Hidden Passion represents your specific field of expertise, or a concentrated talent.

Metaphorically, this talent can be seen as having a power all its own to shape your life. Its existence gives you a strong desire to develop and to express that particular ability. Having the talent demands that you express it, that you experience this part of you, and that you live according to its nature. In this way, the Hidden Passion shapes your personality, and guides your life.

Your Hidden Passion is 5

Catherine, you love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages, and are generally good with words. Writing, promotion, and public relations work suit you perfectly.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

You are resourceful and original. You have a good sense of humor and a quick tongue.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely.

Catherine, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

You are very unconventional.

Commitment in relationships and your work is fundamental to your happiness. You may have a tendency to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

Your Hidden Passion is 9

Catherine, being warm, generous and compassionate, you would do well and be quite happy in any undertaking that not only supplies you with a decent living but also is for the good of all. Catherine, you are artistic, the nine is responsible for many of our creative geniuses, however these talents are often suppressed, sometimes coming to the surface at middle or old age. You have a strong desire for insight and universal knowledge. You are emotional, your feelings are not always sensible and they too are often suppressed. You can get caught up in dreams and ideals without being practical but with enough fire and enthusiasm to attract support. Your oratorical abilities save many a situation. You are driven to do your own thing and are quite independent.

PLANES OF EXPRESSION

Each of us experiences life on four different levels: with our physical body; our mental faculty; our emotional makeup; and our intuition. Each of these areas has a specific means of perceiving information. The physical body is capable of touch, taste, pleasure, and pain. It provides us with a sense of the physical world. The mental body, like the emotional and intuitive natures, perceives the invisible worlds. Our minds deal with the world of thought. The heart, of course, is preoccupied exclusively with the world of emotion. Our feelings teach us many things about ourselves and about others. Finally, we have the capacity for direct contact with the higher realms by way of intuition. Intuitive insight comes in a flash. It is not rational -- that is the world of the mental plane -- but comes as if it were placed at the doorstep of our minds. Intuition, therefore, bypasses all effort.

These four faculties exist in all of us. But each of us depends more on one or two of them for the bulk of our knowledge. Some of us are possessed by our senses, while others live almost exclusively in our hearts, or minds.

Numerology indicates how we as individuals function on each plane.

The letters of the alphabet are divided in four categories: physical, mental, emotional and intuitive.

The proportion of each category in your name gives a good indication of which Planes of Expression are strongest in you, and which ones are weaker.

These Planes of Expression can greatly help you to understand your talents and abilities.

PLANE OF EXPRESSION PHYSICAL

Your Plane of Expression Physical is 6

Catherine, you combine practicality and artistry. Many successful artists are

found with this number on the Physical Plane.

Teaching and healing come natural to you. Your appreciation of beauty and art is visible in your surroundings.

You are an excellent marriage partner. Parenthood is very satisfying for you as is the simple act of service to anyone you come in contact with.

You are a loving and emotional person. Also, you are very curious about the lives of others. This can get you into trouble, however, especially if you confuse service with interference.

You are idealistic and imaginative.

PLANE OF EXPRESSION MENTAL

Your Plane of Expression Mental is 11/2

Catherine, you have a highly charged mind. You are creative, intuitive, and extremely inspirational. You are not particularly rational or logical in your thinking. Invention is your strength -- new ideas, fresh insights, and unconventional solutions to problems.

You are extremely sensitive and have trouble handling criticism. If posed to you in an unthreatening way, you will be open to anything another has to say.

You seek the truth in virtually every situation, even if it reflects harshly on you.

You are charismatic and have interesting ideas on every subject. This makes you attractive to the opposite sex.

You have your own style and even a certain degree of class in your dealings with others.

PLANE OF EXPRESSION EMOTIONAL

Your Plane of Expression Emotional is 27/9

Catherine, you love the many and want to dedicate yourself to the service of those less fortunate than yourself. You are willing to make great sacrifices for a worthy cause, and in fact draw enormous satisfaction from knowing that your life has made a positive difference to others.

Conversely, you have difficulty in one-to-one relationships, especially relationships with the opposite sex. You are viewed as impersonal and sometimes a bit aloof. You can also be hard to get to know.

You are a person possessed by your dream and have trouble with relationships that are not an integral part of that dream.

You appear to others as self-sufficient, which can make close relationships a little more difficult since people want to be needed.

You have enormous artistic talent, especially in a variety of arts, such as

interior design, photography, acting, and writing.

Catherine, you have great compassion and idealism. In fact, you are so idealistic that you can be a bit impractical and lose touch with the ground. You need a practical, down-to-earth cause to be most effective.

PLANE OF EXPRESSION INTUITIVE

Your Plane of Expression Intuitive is 10/1

Catherine, you are highly intuitive with flashes of insight. You probably attribute most of your thoughts to your mental capabilities, but in fact your insights come from another, higher resource.

BALANCE

People experience different internal responses to life's challenges. Some withdraw from difficult situations to think them through; others withdraw from their emotions, to try and keep themselves from feeling anything. Some explode with emotions, but allow the explosion to pass quickly. Others linger with their feelings, holding on to them well past the time they should have let them go.

Very often, these are conditioned or emotional responses that emerge without thought or analysis. Maturity and self-development help us to learn new and more effective methods of handling our world and the problems we confront. Your Balance number provides you with the guidance on how best to deal with difficult or threatening situations.

Your Balance is 1

Draw strength from yourself, Catherine, but be more willing to share your troubles with friends and family. You can be a loner in the face of problems. This can isolate you during troubled times. Be open to the advice of others. This will widen your perspective on the problem and give you new information on which to base your approach.

Strength, creativity, and courage are the arms with which you will win the war, Catherine.

RATIONAL THOUGHT

Your Rational Thought number reveals what can probably best be described as the way you think. Are you a practical, methodical thinker, or a dreamer? Do you frequently allow your imagination to color your perception? Are you unconventional and original in the face of a practical problem, or do you stick to proven methods?

This is the kind of information revealed through your Rational Thought number.

Your Rational Thought is 76/4

Catherine, you are the practical, methodical thinker. You think things through step by step, and you are almost always well-prepared when others question your reasoning.

You may be a little rigid in your approach and you tend to be uncomfortable with new, unproven ideas. You avoid risks, in favor of established procedures. You have no desire to reinvent the wheel.

Others tend to trust your judgments and value your participation, in particular because you often function as the proverbial rock in rough waters. You are a stabilizing voice when involved in team projects, especially when chaos tends to take over.

CORNERSTONE

Remember, I told you this was going to be a long in-depth reading. The first letter of your first name gives an additional indication to your character, particularly as to the manner in which you approach opportunities and obstacles. The first letter is called your Cornerstone.

Your Cornerstone is C

You are intuitive and demonstrative of your feelings. Catherine, you have good self-expression and a strong sense of humor. You are inspiring, cheerful, melodramatic, and even extravagant at times. You are outspoken and spontaneous. You are lighthearted and optimistic.

SUBCONSCIOUS SELF

Your Subconscious Self reveals how you react to demanding situations. It indicates your ability to get the most out of your talents and opportunities, especially when you face new or challenging circumstances. The Subconscious Self also reveals the areas of our character that need to be strengthened.

Your Subconscious Self is 8

Catherine, you handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the same mistakes. You want to be rewarded for your efforts and relate your

success to the material aspects. You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

CHALLENGES

Each of us is born with both strengths and weaknesses. Numerology looks at life as if it were an educational process that is meant to bring out and enhance our talents, and turn our weaknesses into strengths. This serves to complete our being.

The job of becoming whole is one in which we must face our weaknesses and consciously work to improve ourselves. There are four Challenges to be faced during our lives. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

The Challenges on your life's path provide specific lessons that you must attend to, and, in order to inspire and help you, life will place you in situations that require the specific characteristics of your Challenge numbers.

The four Challenges you are required to overcome during the course of this lifetime will influence you during different periods of your life, except for the Third or Main Challenge, which lasts from birth until death. The Challenges are fluid periods of your life, not confined to specific years so much as general periods. All of your Challenges are present at birth, like actors standing in the wings.

THE FIRST CHALLENGE

The duration of the First Challenge usually lasts from birth until approximately the age of 30 to 35.

Your First Challenge is 6

Your challenge deals with distorted idealism. Catherine, your ideals are unrealistically high, making life difficult for you and others. You have a hard time being satisfied with anything you do, or with what others do for you. You lack gratitude. This prevents you from seeing the beauty in your life. You may also suffer from rigid thinking, which keeps you from having a clear perspective that would otherwise awaken you to the many good things you have received.

At bottom, this challenge is about having blinders on. You are unable to see a broader view, which makes you think you have all the answers. This keeps away information and perspectives that would be helpful to you.

Your desire to be of service to others is sincere. However, it may be blocking

you from seeing the necessity of working on your own inner development.

Catherine, you can be domineering and righteous, often telling others what is right and what is wrong. You often feel a lack of appreciation from others.

There is an opportunity to be of service, to teach and heal, but you will have to achieve a balanced perspective between your idealism and your resistance to personal transformation.

THE SECOND CHALLENGE

The Second Challenge usually lasts until the age of about 35 to 40.

Your Second Challenge is 6

(This Challenge is the same as the First, as described above.)

THIRD CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge, your life will come more and more under your own control. You will incorporate the positive aspects of the challenge into your character. This is its purpose in the first place. Therefore, there is implicit in the challenge a chance for great reward.

In short, this may be the secret to your success.

Your Third Challenge is 0

This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period.

Catherine, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE FOURTH CHALLENGE

The Fourth Challenge is most strongly felt during the latter part of our lives, beginning at the age of approximately 45.

Your Fourth Challenge is 0

(This Challenge is the same as the Third, as described above.)

PINNACLES

The Pinnacles are four long-term cycles, or periods, on our Life Path. Each Pinnacle represents a particular lesson we are working on. The first Pinnacle usually lasts from birth to between the ages of 30 and 35 (your specific Pinnacle periods are provided below). The middle two Pinnacles each last nine years. The last Pinnacle will stay with you for the remainder of your life.

The Pinnacles are very important. The transition from one Pinnacle to the next is always strongly felt. Your Pinnacles reveal the general conditions and events you will experience during the period. The Pinnacle describes the atmosphere, or the essential challenge you will be faced with.

You can prepare yourself for the times ahead by knowing your approaching Pinnacle number.

The transition from one Pinnacle to the next is usually prepared for approximately 2 years in advance. The latter part of that two year period is particularly strong. Catherine, you will likely make some life-altering decisions -marriage, job or career change, or any number of major changes in your character.

Perhaps the most strongly felt change -- internally as well as externally -- is the transition from the first to the second Pinnacle. This change usually takes place in your late 20s or early 30s -- the exact date depends on your Life Path number and is provided below. You begin to feel the impact of this coming change approximately two years prior. This is usually a difficult transition, but once crossed usually provides a clear sense of direction in one's life. It also gives you a much firmer sense of your identity. It is a gateway to maturity.

Your First Pinnacle (from birth until age 27) is 1

Catherine, this is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power.

There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self pity or surrender.

Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful.

Catherine, you must continually put out effort, but with it comes great reward.

Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life.

Be careful not to become too self centered, headstrong or self important. Be strong but flexible. Be open to the counsel of others, but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith.

Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

Your Second Pinnacle (from age 28 until age 36) is 1

(This Pinnacle is the same as the First, as described above.)

Your Third Pinnacle (from age 37 until age 45) is 2

Catherine, this Pinnacle causes you to be extremely sensitive, intuitive, and full of insight. It is a period that requires patience and the development of inner awareness. You are being asked to use gentle power and persuasion to obtain your desired goals. Direct approaches, forceful displays, and confrontations will likely work against you. You will find the most satisfactory roles to be supportive. You are now a gifted advisor, a diplomat and a peacemaker. Your insight into other people's feelings and motivations is so acute that you seem to be able to see right to the core of things. But rather than use these gifts to create differences between people, you must use them to create peace, to mend rifts, to harmonize.

Catherine, your challenge during this period is to bring balance to duality in every form, and at every level. You will recognize the value of both sides of an argument and be able to see the middle ground where peace can be made. You can create the atmosphere in which both sides can compromise and work harmoniously. You are the glue that keeps people and important projects together.

The weaknesses you must face and overcome are too much sensitivity. You may be tempted to indulge your feelings, to be too easily hurt. You may lack self-confidence, especially at the beginning of the Pinnacle when your heightened sensitivity and awareness make you conscious of your own shortcomings. You may succumb to fear and hesitation. All of this can lead to emotional turmoil.

Catherine, you need courage and the willingness to reach out for support. Your sensitivity will make you acutely appreciative of beauty and harmonious environments. At the same time, you need beauty and harmony around you.

You have an increased appetite for music and the arts in general. You may find that your musical talents coming to the surface. If you do not already play an instrument, give in to any inclination to take one up.

A person in a 2 Pinnacle who uses his or her sensitivity, understanding, and insight is very appreciated by others. You may not fully realize just how much others appreciate and respect you. This may cause you to feel undervalued, or that you are not getting the recognition you deserve.

You appear shy and humble, particularly if this is your first Pinnacle, but inside there is much pride that must be kept in check.

You may want to hide from the tumult of life, or from difficult situations. This may tempt you to color the facts in order to protect harmony. Be careful of this tendency, because it often backfires.

You have an eye for precision and detail. Your taste in all aspects of life is enhanced and you possess a certain class that others admire. If you make the most of these qualities, your appearance is considerably improved, making you both attractive and graceful.

The world depends on those who maintain harmony and balance.

Your Fourth Pinnacle (from age 46) is 7

This is a period of inner development and soul searching. Catherine, you will deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Catherine, your desire to study in all forms -- reading, self reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your

spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you love, but a deep need for knowledge.

During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

Catherine, your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

TRANSITS

The Transits are the individual letters of your name that combine to form the Essence, which is the number that reveals a great deal about your year ahead. Your name can be seen as a piece of music that vibrates in time. Each note, or letter, has a specific duration and influence over the course of your life. Catherine, your life, therefore, can be seen as a musical score, with the individual letters making specific contributions at given points, just as notes in a musical piece are played at specific points to give a piece of music its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

THE PHYSICAL TRANSIT

Your Physical Transit for age 49 is C

Catherine, you will be better able to express yourself. You are more creative and original. You will be intuitive and may experience premonitions or other psychic experiences. You feel more adventurous and make several new friends. There will be an increase in social events. You are capable of self-promotion. This is a good time for business, especially sales.

Your Physical Transit for age 50 is A

Catherine, you have a mental approach to practical matters. This is a period of

change, activity, progress, and creativity. The letter

A adds independence and leadership to your personality. There can be quite a bit of travel and possibly a change of residence.

You can expect promotion and opportunities. There may also be a real breakthrough in your awareness and perspective of life.

Your Physical Transit for age 51 is T

This is a time of strain and high-strung emotions. Catherine, you are willing to sacrifice and carry your burdens heroically, but you will have to guard against self-pity. You will benefit from solitude and meditation. You are looking for new activities and are eager to learn. You have a strong desire for knowledge. This is a good and rewarding time for business and new partnerships but you have to guard your territory against those seeking to interfere in your work. There will be opportunities to travel and see the world.

THE MENTAL TRANSIT

Your Mental Transit for age 49 is R

Catherine, you have much understanding and insight during this time. It is a time in which you have to deal with money, power, and authority. You have an opportunity to elevate your financial status and personal growth. This is a time in which you will meet the best and the worst. You have to exercise caution in everything you do and every decision you make. Be aware of your surroundings.

Your Mental Transit for age 50 is R

(The Mental Transit for age 50 is the same as that for age 49, as described above.)

Your Mental Transit for age 51 is R

(The Mental Transit for age 51 is the same as that for age 49, as described above.)

THE SPIRITUAL TRANSIT

Your Spiritual Transit for age 49 is R

Catherine, you have much understanding and insight during this time. It is a time in which you have to deal with money, power, and authority. You have an

opportunity to elevate your financial status and personal growth. This is a time in which you will meet the best and the worst. You have to exercise caution in everything you do and every decision you make. Be aware of your surroundings.

Your Spiritual Transit for age 50 is R

(The Spritual Transit for age 50 is the same as that for age 49, as described above.)

Your Spiritual Transit for age 51 is R

(The Spritual Transit for age 51 is the same as that for age 49, as described above.)

ESSENCE

The Essence Number and the Personal Year Number are the two essential indicators of the forces that will influence your life during the course of any year. While the Personal Year runs from January to January, the Essence is most strongly felt from birthday to birthday. For example, if your essence number is 8 for the year 1988, you would begin to feel the influence of that 8 most powerfully after your 1988 birthday. The influence would begin to wane during 1989 and would finally end at your birthday of 1989.

The Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year, that is, which types of behavior will be supported by your milieu, and which ones will be less effective.

Your Essence at the age of 49 is 21/3

Catherine, your ability to express your self will reach an all-time high. Any talent you possess in the arts -- especially in writing, acting, or other performing arts -- will be greatly enhanced. This is a period of success through personal creativity. You have much opportunity to advance yourself and career through your own personal expression, charm, and creative talent.

This is a social time, filled with much fun and friendship. You will feel lighter, fresher, and more alive than in previous years. It is as if life has relieved you of a burden, allowing the more creative, upward, and joyful energies to flow more freely.

People are naturally attracted to you. They sense your joie de vivre, your spirit,

and creativity.

Your challenge is to focus your heightened creativity on a worthwhile task. Discipline is essential. Choose a goal worth reaching. Pour your energies into something that will last. In this way, you will emerge from this period having accomplished something worthwhile, and learned to harness your creative abilities.

If you fail to focus, you will likely spend your opportunity and creative urges on loose talk, superficiality, and socializing.

This is an emotional period. The upward, heart-centered energies are peaking, bringing with them many old emotional issues. You can easily exaggerate the importance of an unkind word, or react too emotionally to a troubling situation. In short, you need perspective now.

Catherine, you are in a highly volatile period, making you highly creative, sensitive, and given to emotional mood swings.

You are highly romantic and given to fantasy. There can be many wonderfully romantic times; however, it is important to avoid being swept away by your fantasies. Do not fail to see people for what they are.

This is a time when you will learn the value of your personal expression, and your own uniqueness. It is a time of personal accomplishment and advancement.

Your Essence at the age of 50 is 19/1

Catherine, you are in a struggle for independence and possessed by personal ambition. You will feel the need to work hard to establish yourself and your foundation. You are forward looking and even visionary, but for personal gain.

This is a period of struggle. It is a time when you may feel torn between your personal desires and your concerns for others. It can be a time marked by stubbornness and rigidity, characteristics you will have to keep in check.

This duality between the lower desires and the higher realms of love can cause you much internal conflict. Secretly, you may feel torn between a desire to serve some greater good, and your ambition for personal accomplishment. You are aware of the needs of others. At the same time you are skeptical of ideals and idealists. You may tell yourself now that you must be realistic in your dealings with the world. But you must avoid shutting out the voice of your higher nature. Do not let your higher ideals go, lest you be guided exclusively by materialism and greed.

All too often, those in the 19 Essence finally resolve this conflict by conceding to personal ambition and selfishness. This can lead you to much trouble. People may perceive you as greedy and self-centered. Because you are driven by ambition, you may be attracted to people who have no other priority but personal gain. For some, this will lead to shady business practices and even brushes with

the law.

This can be a time when you feel a need to pull back from others and become less social than during previous years. But this can lead to isolation. You may also feel frustrated because your ambitions want instant gratification, which the time does not allow.

The challenge during this time is to strike a balance between your worldly needs and your inner spiritual nature. The time requires much soul searching and a willingness to accept the perspective of others. Don't shut yourself off, or become jaundiced to your more idealistic brethren.

At the conclusion of the 19 Essence, the person is often better off materially, and far more independent, but there may also be a sense of disconnectedness from friends and loved ones. Therefore, it is important to work at maintaining close ties. Be open to others, and recognize that "man does not live by bread alone."

Your Essence at the age of 51 is 20/2

Catherine, you must learn to cooperate with others in order to accomplish some greater good. This is not a time to lead, but to follow. You must be content to draw your guidance from the environment and those in positions of greater power. You must maintain your own center, but avoid arrogance, rigidity, and stubbornness. The more you insist on your own priorities, the more resistance will you meet.

This is a period of partnerships. Your success depends on your ability to work with others.

Catherine, you will be extremely sensitive and intuitive. Your powers of understanding will be at an all-time high. These abilities will give you the insight you need to perceive subtle changes in people and situations. You will therefore be better able to adapt to changing circumstances.

Your intuition makes it possible to accomplish great tasks, even though you may not be in a leadership role. The reason: you instinctively know how to react to change, and to gently advise people to go in the right directions.

Catherine, your role as an advisor or confidant is the key to your success during this period. You are learning the lesson of interdependence. You will also come to know how valuable you can be in a more passive role. It is a period to serve, to be the helper, the assistant. Your ability and willingness to work with others will be tested and rewarded.

It is essential that you listen. Be shrewd in your evaluations of others and of situations, but do not enforce your judgments directly on people.

Your sensitivity will make it necessary for you to seek out harmonious and peaceful environments. Be careful of the health of your nervous system. You can become anxious more easily during this period. Therefore, seek out people

you trust; share your deeper feelings; allow yourself to be supported by friends and loved ones. Keep your spirits high and avoid depression.

Music plays an important role during this period. Any musical talent you possess will be enhanced. You even possess a certain physical grace that can emerge in dancing, athletics, or simply walking down the street.

In your passive, centered way, you will be charismatic and attractive to others. People will sense your fine intuition and sensitivity and seek you out for private talks. Be loyal to friends and partners.

Remain strong inwardly and flexible without. In this way you will avoid the obvious difficulties and remain on your path to success.

This is a period of accomplishment through gentle persuasion.

PERSONAL YEARS

Your Personal Year number is a strong indication of the trends and circumstances you will experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and therefore run concurrent with the calendar year. Transit and Essence cycles are based on the letters of your name and run from birth date to birth date.

There are nine personal year numbers, which makes up a complete Epicycle. Each Epicycle reveals the progression or evolution of a specific part of your growth. Catherine, your progress along this Epicycle can be seen very logically, from the infancy or beginning of a growth period in your life, to the conclusion or culmination of that process. The 1 personal year indicates your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle. Below is a description of your current Personal Year. It indicates where you are on the 9 year Epicycle.

The Personal Years form the building steps that mark your progress through life.

Your Personal Year for 2010 is 4

This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals.

Catherine, your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel.

You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and

versatility.

You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for to long.

Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. Catherine, you may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year for 2011 is 5

This is a year of dynamic change, Catherine. Many surprises will come your way. Be open and ready to embrace new opportunities.

Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you.

There will be increased opportunity to travel and possibly a change of residence.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

You will have some unexpected adventures and lucky breaks this year.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.